

WEE FUN NEWSLETTER



DERBY RECREATION COMMISSION

FEBRUARY, 2018

ARTS



PRE-COOL ART

Young artists will explore color, shape and texture through a variety of materials and activities focused on creative self-expression. This is a fun and imaginative learning environment. It can get messy-remember to dress appropriately. Ages 3-5.

DAY	DATE	TIME	FEE	LOCATION	CODE
W	2/14-3/14	10:00A-10:50A	\$29	LIBRARY	17940
TH	2/15-3/15	10:00A-10:50A	\$29	LIBRARY	17941

SPECIAL PROGRAMS



PRESCHOOL GAME DAY

The best method for encouraging physical activity is to focus on a child's natural desire for play. Bring your children out for active games that provide both fitness and healthy recreation for your child. This is a community wide effort to teach fun games and activities that parents can do with children. Ages 2-5.

DAY	DATE	TIME	FEE	LOCATION	CODE
TH	2/8	10:00A-10:45A	FREE	DRC GYM	18073

FITNESS



STRONG MOMS

Bring your little one in a stroller or baby wrap and join a network of moms getting fit and providing a good example of healthy living for our children.


DAY	DATE	TIME	FEE	LOCATION	CODE
TH	1/8-3/18	9:30A-10:30A	\$20	DRC	18302

MOM AND TODDLER STRETCH

Yoga poses for mother and child under five. Games and time to connect with other moms. Toddlers are unpredictable so the flow of the class is based on our children.

DAY	DATE	TIME	FEE	LOCATION	CODE
T	1/8-3/18	9:00A-9:45A	\$20	DRC	18192

SPORTS



SOCCER LEAGUE

Spring is just around the corner so now is the time to think about signing up for Spring Soccer! The DRC Youth Soccer league is co-ed and focuses on skill development, fun and participation. The weekly practices will be announced by coaches and all participants will receive a t-shirt. Every coach is a volunteer and parents are encouraged to volunteer as one. Ages are determined as of August 31, 2017. Early registration end March 4, regular registration begins on March 5.

TIME: 6:00P-8:00P - T
9:00A-1:00P - S

FEE: \$35 - BY MARCH 4 (AGES 4-5)
\$45 - ON OR AFTER MARCH 5 (AGES 4-5)

DAY	DATE	AGE	LOCATION	CODE
S	4/7-5/5	4-5	HIGH PARK	18254



SWIMMING BUDDIES

The American Red Cross Learn to Swim Program Levels 1, 2 and 3 will be used to instruct children in groups of two or three. Children benefit from the individual attention of these lessons taught by certified instructors. Space is limited, sign up early! Ages 3 and up at the DRC.

DAY	DATE	TIME	FEE	LEVEL	CODE
M, W	1/8-1/31	12:30P-1:00P	\$48	1, 2, 3	17918



PRESCHOOL AQUATICS LEVELS 1-3

American Red Cross Preschool Aquatics consists of three levels. Preschool-age children are taught basic aquatic safety, survival and swimming skills, all the while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis and enjoy social interactions with other children. Ages 3-5 at the DRC.

M, W	1/8-1/31	5:45P-6:15P	\$40	1	17911
M, W	1/8-1/31	5:45P-6:15P	\$40	2	1791

SATURDAY, FEBRUARY 10

**Family Night
ValentineSwim**

Come help us celebrate Valentine's Day by swimming with your family and going on a Valentine's Scavenger Hunt! Children 5 and under must be accompanied by a swimming adult.

Day: Saturday
Date: February 10
Time: 5:30 pm - 7:15 pm
Age: 4Y - 12Y
Fee: \$7.00 for family of 4
 \$1 each additional person
Location: DRC Indoor Pool



PRIVATE LESSONS

It is never too late to learn how to swim! A patient swim instructor will work individually with you to improve your confidence in the water. Private lessons are subject to instructor and space availability. Take one or a series of lessons from basic to advanced skills. For more information call Aquatics at 788-3781 or submit a request at www.DerbyRec.com. Ages 3 and up.

FEE	LOCATION
\$20 PER 1/2 HR	DRC

WET WIGGLERS

The American Red Cross Parent and Infant/Preschool swimming program promotes water safety knowledge and water adjustment. Swimming readiness skills, fun, enjoyment and parental involvement are all important components of this program. Please meet on the bleachers in the pool area before each class. Bring two towels for the little ones, as we ask everyone to take a shower before class. Ages 6 months to 4 years.

DAY	DATE	TIME	FEE	LOCATION	CODE
M, W	2/12-3/7	11:00A-11:30A	\$40	DRC	17910
M, W	2/12-3/7	6:30P- 7:00P	\$40	DRC	17909



LEARN TO SWIM LEVEL 1- 4

Learning to move through the water with comfort and efficiency is essential in water safety and enjoyment. The DRC offers American Red Cross Progressive Learn-to-Swim program Level 1 through Level 4. Lessons are offered all year round and students are encouraged to continue in lessons until they become proficient at each level. Swimming is not just a competitive sport, but also an excellent form of life long exercise. Ages 4 and up at the DRC.

DAY	DATE	TIME	FEE	LEVEL	CODE
TH	2/13-3/8	6:30P-7:20P	\$40	1	17903
T, TH	2/13-3/8	6:30P-7:20P	\$40	2	17902
T, TH	2/13-3/8	6:30P-7:20P	\$40	3	17905
T, TH	2/13-3/8	6:30P-7:20P	\$40	4	17906