



SPECIAL PROGRAMS

## AFTERNOON AT THE HORSE BARN



Kids are invited to join us for a great time learning about barn life and riding a horse at Afternoon at the Horse Barn on Saturday, February 17 from 1:00 - 3:30 p.m. We will have ten points of interest to teach you about horses and their farm. Kids ages 5-18 will start off learning how to tack up and then saddle up and ride. After our ride, we will discover the farm or do a craft with a warm drink.

DAY	DATE	TIME	FEE	LOCATION	CODE
S	2/17	1:00P-3:30P	\$23	WICHITA RIDING ACADEMY	18115

## HORSEBACK RIDING SLEIGH RIDE



Come out and learn to drive a pony. We will start with how to put the harness on, line driving, hooking a pony to the cart, and go for a drive. If there is snow on the ground, we will go for a sleigh ride with a warm drink afterwards!

For ages 5-18.

DAY	DATE	TIME	FEE	LOCATION	CODE
S	2/24	1:00P-2:30P	\$40	WICHITA RIDING ACADEMY	18113

ARTS



## HEY KIDS, GET YOUR PAINT ON

Enjoy a fun filled afternoon of painting and visiting with friends. In this one day class you will create your very own masterpiece and have a great time with friends. All supplies included. Space is limited so enroll early to reserve your spot. Park Grounds Coffee House is located at 401 E. Madison Ave. Ages 10-15.

DAY	DATE	TIME	FEE	LOCATION	CODE
T	2/20	4:30P-6:00P	\$25	PARK GROUNDS	18289
F	3/2	4:30P-6:00P	\$25	PARK GROUNDS	18290

AQUATICS



## SWIM TEENS

Be cool at the pool by improving your swimming skills. Our instructor will work toward your goals. Learn anything from basic survival skills, strokes, lap swimming or how to dive. Ages 10-16.

DAY	DATE	TIME	FEE	LOCATION	CODE
M, W	1/8-1/31	7:30P-8:15P	\$40	DRC	17926



SPORTS



**VOLLEYBALL SKILLS CLINICS**

Learn to develop first step, agility and reaction through basic drills for beginners and intermediate players. Players will work on understanding the fundamentals of the game of volleyball with passing, setting and hitting. All clinics at the DRC.

DAY	DATE	AGE	TIME	FEE	CODE
SU	2/11	8-10	1:00P-3:00P	\$10	18156
SU	3/11	8-10	1:00P-3:00P	\$10	18157



Anyone wanting to become an aide in an American Red Cross Learn to Swim program should take this class. Participants must be at least 10 years old and have Level 4 swimming skills. In addition to class time, 20 hours of volunteer time assisting our swim lesson program is required for aide certification. Adults as well as kids can obtain the experience necessary to become a water safety instructor aide. A swimming skills evaluation will occur during class instruction. Come prepared to swim. The registration deadline is February 23, 2018.

- Day:** Thursday
- Date:** March 1
- Time:** 4:00P - 5:00P
- Age:** 10Y - 18Y
- Fee:** \$15.00
- Location:** DRC Indoor Pool
- Barcode:** 17907

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FITNESS



**AFTERSCHOOL CONDITIONING**

Our DRC nationally certified personal trainer will teach you how to train safely and effectively. Each day you will have a different workout such as circuit, sport skills and weight lifting. This co-ed class is just for you! Ages 10-16.

DAY	DATE	TIME	FEE	LOCATION	CODE
M, W	1/8-3/14	3:45P-4:30P	\$40	DRC	17983



**PLC-PROPER LIFTING CLASS**

We are happy to bring back this unique and information class. You will learn in the fitness center how to lift properly and safely. This group fitness class will work on load, repetitions, and good form. Ages 10-16.

DAY	DATE	TIME	FEE	LOCATION	CODE
S	1/13-3/17	9:00A-10:00A	\$20	DRC	17986